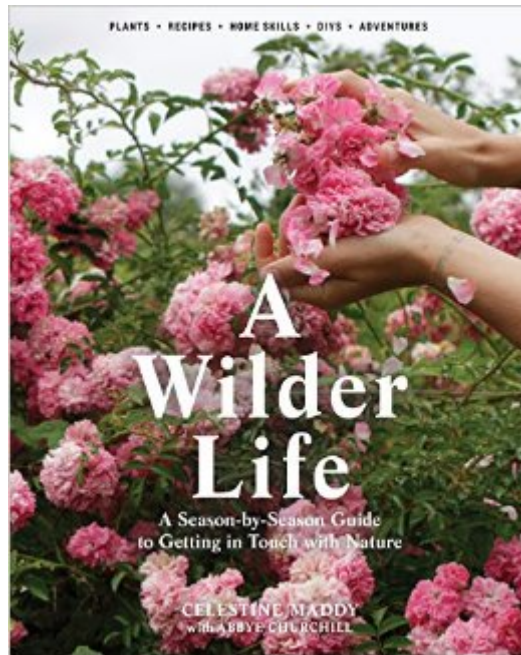


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# A Wilder Life: A Season-by-Season Guide To Getting In Touch With Nature



## Synopsis

In our technology-driven, workaday world, connecting with nature has never before been more essential. *A Wilder Life*, a beautiful oversized lifestyle book by the team behind the popular *Wilder Quarterly*, gives readers indispensable ideas for interacting with the great outdoors. Learn to plant a night-blooming garden, navigate by reading the stars, build an outdoor shelter, make dry shampoo, identify insects, cultivate butterflies in a backyard, or tint your clothes with natural dyes. Like a modern-day *Whole Earth Catalog*, *A Wilder Life* gives us DIY projects and old-world skills that are being reclaimed by a new generation. Divided into sections pertaining to each season and covering self-reliance, growing and gardening, cooking, health and beauty, and wilderness, and with photos and illustrations evocative of the great outdoors, *A Wilder Life* shows that getting in touch with nature is possible no matter who you are and "more important" where you are.

## Book Information

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Average Customer Review: 3.9 out of 5 stars [See all reviews](#) (9 customer reviews)

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## Customer Reviews

Every book, no matter what the genre, is always a unique representation of its author and *A Wilder Life* seems to delve into all the interests of author, Celestine Maddy and reveals a wide and varied landscape of ideas reaching from Growing to Cooking to Self-Reliance and more. The book can seem a bit scattered at times, jumping from one topic to another, but within there are useful nuggets of information and advice that can help you like *A Wilder Life* no matter where you might live. *A Wilder Life* is subdivided into four large sections based upon the seasons of year. Maddy then further divides each section into areas dedicated to Growing, Cooking, Home and Self-Reliance,

Beauty and Healing and Wilderness. Each season contains a quick seasonal growing checklist so you can get things growing right away as the seasons change and address yearly issues like mulching, garden repairs and feeding. You'll also find information on the propagation of plants, taking cuttings, growing from seed and learn some important vocabulary. The Cooking section cover topics ranging from making your own cheese in the Spring to canning the bounty of your garden in Summer and how to make you own kimchi in Winter. The photographs and illustration throughout the book are excellent and evocative. They made me want to get outside right away and put some of my new found knowledge -- or at least motivation -- to use. I could see myself keeping this book next to my comfy reading chair and revisiting it time and time again as one season moves to another, just as a reminder of what can and should be done as the garden -- and the world -- move through the calendar year.

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